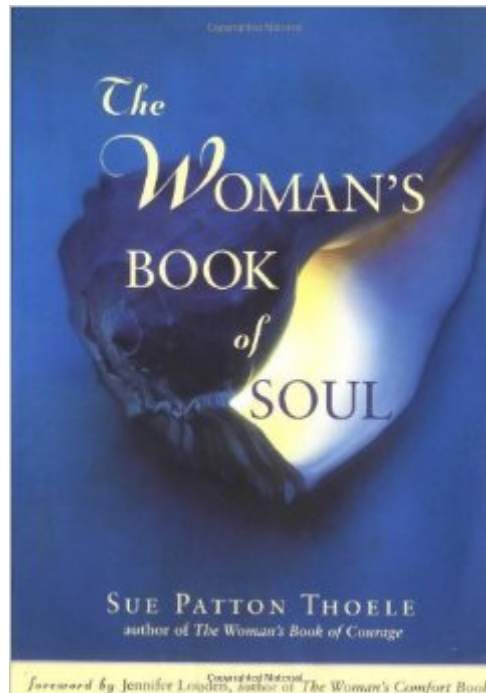


The book was found

The Women's Book Of Soul: Meditations For Courage, Confidence & Spirit



Synopsis

Now in paperback, this collection of inspiring daily meditations offers affirmations and practical advice for all women who want to gain self-esteem, overcome anxiety, follow intuition, and improve relationships to self, others, and the spirit within.

Book Information

Paperback: 387 pages

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Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (15 customer reviews)

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Customer Reviews

When I picked up this book at first, I thought that it would be good. The title alone provoked interest in me. What is the ultimate test of an inspiring book is how the author arranges the words together to make it different than just saying it. Sue Patton Thoele has a wonderful way with words! I would read one thought and then another and then another! Hard to stop! This is a wonderful book to have by your bed or favorite chair - to pick up and read a few thoughts and then (try) put down and have it work it's wonders in your mind! I loved it!

I was given the Woman's Book of Soul by my Secret Santa last December (2011) and since, it has prompted a desire for awareness beyond my understanding. So much so, that on my radio show the theme of the year became "AWARENESS". Sue Patton Thoele has not only poured herself into this book, she agreed to help me bring awareness to my "listening friends". I am so grateful for her and her desire to make a difference without judgment. What started out as "a book" has become a way of life! The Woman's Book of Soul allows you the opportunity to not just read about the everyday life journey but rather, it allows you to choose empowerment for your life! The Woman's Book of Soul

has helped me "re-green" my "Spiritual Garden" and as a result, others can eat from the "Fruit" it has produced; Awareness! I highly recommend this book as a daily meditation and just like American Express... Don't leave home without reading a page. The Woman's Book of Soul, by Sue Patton Thoele has become a wonderful & gentle guide to how I want to live each day of my life. I encourage you to do the same... This is the book that keeps on giving and will meet you right where you are at!

Sue brings a fresh perspective to those truths that we need to be reminded of. Books like this are often full of cliché's, since thoughts are often just repeated without much thought. However, Sue is able to express truths in new ways, uses fresh analogies, and causes you to ponder and think. This is one of the best books I have purchased in a long time.

This book is one that I had downloaded to my Kindle months ago and I had actually forgotten I had it on there, until I started "tidying up" my book collections, this past week. I am so glad to find this "gem" again, in the hundreds of books I have downloaded. ;

This book is a timeless treasure. It is wise and wonderfully warm. It settles the mind and encourages the spirit. It can be enjoyed again and again with tidbits of poetry, quick insights, words to consider and rely upon in times of struggle. Simply re-lightful! A wonderful gift!

This book has given me solace and new ways to look at life. Definitely a must book for meditation and contemplation.

I started reading this book many years ago. It so profoundly touched my heart and soul, it made me realize I'm not alone in my feeling, fear and grief. I continue to buy this book and give it away to another woman. It's my way to help the younger women find themselves. So worth reading for anyone.C. RossColumbia Falls, Mt

This book seems to know exactly what I need whenever I pick it up! I use it for daily meditation and wouldn't be without it! Love it!

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